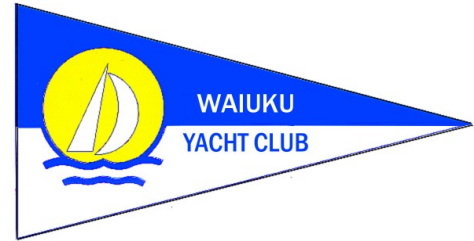


The Waiuku Yacht Club Junior Sailing Training 2009 - 2010



If you are keen to -

Learn new skills **Build your confidence**
Sail a yacht by yourself **Muck about in boats**
Have fun **Go on a 16 nautical mile sailing adventure**

- Then we have the deal for you

The Waiuku Yacht Club's Junior Sailing Training starts on Saturday October 31st at 0900, and if you and your folks can commit to most of the training days, you could be a sailor by mid summer. (See full training dates over page)

And once again this year Geoff Letcher will be taking second year sailors for more advanced coaching.

The Waiuku Yacht Club provides Optimist training boats, lifejackets, coach boats, a coach and the environment to make it happen.

You need to supply enthusiasm, a bit of courage, a parent or guardian, warm gear, wet gear, sun gear and a bit of cash. Check out some of the details below.

Key Points

- Potential trainees should come ready to sail – that means warm clothes, wetsuit if available, a change of clothes and food and drink.
- Fifteen training days are planned through October to February. These are weather permitting, but with our sheltered estuary and new plastic boats there are few days when we cannot do at least a bit of sailing. Emphasis of the training is about learning the basics of sailing a small boat while building confidence, self and group sufficiency and having fun
- Each session is about two hours, but if everyone's keen and the weather good we keep sailing until the water runs out.
- Training finishes with a cruise to Clarks Beach. Planned for February 13 and 14 – weather permitting. Sleep over at Clarks Beach club house. Nominal food costs only. Younger and less confident sailors can relay their way there.
- Training fee is only \$60, with payment due on the second weekend
- Price includes club membership, coaching, and use of a club Optimist and life jacket for the whole season – that is even after the training days finish.

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- Preferred minimum age for starting is 9 years.
- Maximum weight for the Optimists is about 55kg.
- Parents/guardians are needed to help with rigging, patrol boats and tidy up – and at the beginning we need some in the water – please bring wetsuits.
- Two club Lasers may be available for parents to sail along with the trainees – availability depends on demand from other club members.
- In the interest of fairness, safety and security all trainees must have an adult guardian who has accepted responsibility for them at the club at all times during training.

Any questions please phone Megan or Justin Hurst on 235 6161.

Waiuku Yacht Club Learn to Sail Programme 2009 – 2010

Date		Club Programme	Start
OCTOBER			
Sat	31	Junior training / coaching day	0900
NOVEMBER			
Sun	1	Champs	0930
Sat	7	Memorial Race 1	1330
Sun	8	Champs BBQ	1400
Sat	14	Club Sailing	0830
Sun	15	Champs	0900
Sat	21	Match Racing	1300
Sun	22	Champs	1330
DECEMBER			
Sat	5	Harbour Race - Mark Foy start	1230
Sun	6	Champs	1300
Sat	19	Memorial Race 2	1200
Sun	20	Champs BBQ	1230
JANUARY			
Sat	30	Holiday series – Queen of the Waves	1030
Sun	31	Holiday series – Up the Creek	1100
FEBRUARY			
Mon	1	Auckland Anniversary	1130
Sat	13	Clarks Beach camp	0800
Sun	14	Clarks Beach return Champs	1100
MARCH			
Sat	13	Junior's and Women's Fun Regatta Weekend	0900
Sun	14	Fun Regatta Weekend - Champs	0900